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## PRE-INTAKE INFORMATION

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### A Message to Students

We are pleased that you are considering Teen Challenge to begin your recovery from addiction. Teen Challenge is one of the most successful faith-based recovery support programs in the world; we contribute our success to our foundation in faith. We believe that true change comes from what God can do on the inside of us. If you are interested in faith-based recovery, Teen Challenge is the place for you. **All of our classes, counsel, and environment are rooted in a belief in God, Jesus Christ, and the values found in the Bible.** We are serious about faith-based recovery because it has provided the most successful care available for overcoming addiction and beginning a new life.

**Coming into Teen Challenge can be difficult at first.** When drugs and alcohol wear off, and you find yourself away from all that's familiar, a variety of emotions can be experienced. Feelings of anger, pain, guilt, homesickness, or even being trapped, can creep in on you. As badly as you know you need to begin this journey, this "internal war" can be most difficult. Experience tells us that once an individual passes through this initial struggle they will adjust to the program. You have probably had moments where you wanted things to be different, but were unable to break the cycles of addiction. We are determined to help you get your life back. **No one can lead your life but you; we want to help you become that responsible leader!**

### A Message to Families

Families will need to be strong. We must shut the door on every excuse to leave the program prematurely. As brave as the student may appear, fears of facing the challenge of changing their life is real. The family's natural instinct is to relieve pain, but there's no growth without it. We need families to stand strong as we help the student take a hard look at their life. Teen Challenge must have the family's support throughout the process of change. Whenever they communicate pain, encourage them to stay the course and refuse to support a departure from the program. Recovery is a family issue touching every member of the family. It is our hopes the entire family becomes part of the process of recovery of your father, son, or husband.

Wabash Valley TC is happy that your son, father, or husband is here. We are committed to do all that we can that is feasibly possible to help your family member retain full and complete recovery, find restoration and forgiveness. If you have any questions about this manual, please feel free to call our office.

## Teen Challenge Residential Recovery

Wabash Valley Teen Challenge is a residential recovery program designed to assist individuals with life-controlling addictions. Teen Challenge has three phases called Induction, Training and Re-entry. The first two phases are mandatory for completion with the third phase being optional for students wanting assistance with transition back into society. The phases are each six months in length, Re-Entry having additional options, serving adult males eighteen years of age and older.

## Monthly Costs

It costs Teen Challenge \$500 per month per student to properly run the program. That's why we ask that you do whatever you can to help raise the \$500 monthly tuition. Teen Challenge also asks for a \$500.00 non-refundable Induction Fee to cover the cost of phone interviews, processing student files, transportation, curriculum and miscellaneous costs incurred during the intake process. Induction and monthly tuition fees should be made payable by cashier's check or money order to Wabash Valley Teen Challenge. All other funds (i.e. student personal accounts, return fare, and medical) should be made out to Wabash Valley Teen Challenge. Personal funds of no more than \$100 will be maintained by Teen Challenge in a resident account (students are not allowed to keep funds on their person).

## Personal or Phone Interview

A personal and/or phone interview is required with all applicants. Upon acceptance, an entry date will be set contingent on available bed space. Please be aware that no phone calls are allowed during the student's first 21 days. For an interview call (812)917-5562 and ask for the Intake Coordinator.

## Physical Health

We require that potential students have a physical exam prior to entering Teen Challenge. A blood test for HIV, Hepatitis B-C and VDRL must be conducted prior to acceptance to Wabash Valley Teen Challenge. Student must have a TB test with results prior to entry into the program.

**Identification** - A picture I.D. and a social security card are needed.

**Return Fare** - We require return fare or pre-purchased ticket to be on file with us.

**Background Checks** – Background checks will be ran prior to acceptance. Sex offenders will not be accepted into Teen Challenge. However, they will be referred to an appropriate program.

A student who is married must provide proof of marriage.

## **Teen Challenge, a Culture of Responsibility**

God wants us to know freedom from addiction and destructive behavior. While the world promises freedom outside of God's established boundaries, this road leads to entrapment and a life out of control. It is Teen Challenge's desire to help you take back that control. Regaining control begins when you allow God to change your heart and continues as you learn to live responsibly. There will be some pain in the change as we begin to assume responsibility for our thoughts, choices, the company we keep, the places we go, how we treat others, or react to mistreatment. In this "Culture of Responsibility" all of our excuses begin to go but the internal adjustments we need to govern ourselves, honor God, and respect our fellow man will follow in their place.

Teen Challenge creates an environment where you can experience God. Seeing life as God sees it will begin the growth process. Here you will establish new boundaries and enjoy the freedom that comes from living within them. This is the time and the place where you can face your fears, your failures, and your disappointments. You can become all that God intended for you to be.

The following are some of the components that make up a responsible culture:

### **1. Reverence for God.**

This is where order begins to come to our lives. It all starts with learning God's word.

From God's word we learn:

- **That God has a plan for our lives.** We're not on earth to just eat, drink, and be merry. God has a higher purpose for us than coping with our addiction. You will discover God's plan for your life as you journey through the program.
- **How God feels about things.** When we see how God feels about things we begin feeling different about the way we've been living. This brings conviction into our lives and lets us know we are accountable for our behavior.
- **God can forgive anything that I've done.** God wants to remove the shame you feel from the things you've done. You haven't gone so far that God can't reach you.

## 2. Respect for others.

There can be no true relationship without respect. To respect is to feel or show honor or esteem for others. **We can learn to respect the boundaries that others set and have meaningful relationships.** We can also discover the value of respecting our leaders and remaining under the protection their counsel provides.

**3. Repentance- learning to admit to God when I'm wrong while having the desire to be changed.** Many of us work hard to stay in a state of denial when it comes to facing our problems. To admit being wrong would be to admit defeat. This is one battle you must lose. The refusal to face your "self" will mean the continuation of failure, disappointment and broken relationships. **The road to freedom will begin as you become painfully honest with yourself.** When we are honest, the power of God comes to make things right.

## 4. Retribution-the reward for right and correction for wrong done.

There are always consequences for our behavior whether they are immediate or not. The good times should always be good and the bad times always bad. To cushion the consequences of our choices denies us vital self-governing information. We fully expect that you will have some negative behavior while at Teen Challenge. In the past, you may have had enabling relationships that allowed you to continue your negative behavior; or, a co-dependant relationship where someone else felt responsible for your addiction and refused to confront your behavior. **In Teen Challenge's "Culture of Responsibility" you will be held responsible to face your actions.** It is our belief that when you have no place to put the blame but yourself that you'll see the need to ask God to help you change.

**5. Restitution- learning to make things right when we've been wrong.** This may involve returning property we've stolen or agreeing to repay someone for damages we've caused. Learning to confess to others and make things right is essential to clear our hearts and minds for a new way of living. **Having to clean up after yourself helps to train the heart to do what's right in the future.**

**6. Restoration- learning to ask for forgiveness, having a willingness to forgive others, and the commitment to rebuild trusting relationships.** Where you have people you will have differences. The program will provide opportunities to apply restoration principles. **Learning to grow through our differences will prepare us for lasting and meaningful relationships once we return to society.**

**7. Rejoicing.** Once you embrace the culture there will be plenty of reasons for celebrating. As you **believe** and embrace these principles you will discover God's presence in your life. **The evidence of God's presence in your life will help you know that you belong to God.** Knowing

that you are not alone makes it easier to trust that you can **become** all that God has intended for you to be.

## What to Bring

Please have the following items available as you enter Teen Challenge:

1. Induction Fee \$500 and first month's Tuition (if you have not already mailed it in)  
Cashier's Check, Money Order payable to Teen Challenge.
2. HIV, Hepatitis A ,B,C and TB test results
3. Two forms of ID (Picture ID & Social Security Card)
4. Return fare or pre-paid ticket (or agreement from family for pick up)
5. Clothes hangers
7. A Bible (KJV, NKJV, or the NIV, are preferred. Please ask about other translations)
8. Notebook, paper, pens, pencils
9. Postage stamps, envelopes.
10. Clothing: for church, class, work duties, and leisure. Laundry is done once per week so no more than **one week's** worth of clothes should be brought:
  - At least one pair of dress pants for church
  - At least one white button down dress shirt
  - Collared shirts (Polo, golf, oxford, button down, or rugby style shirts)
  - 4-5 pairs of pants
  - T-shirts (no secular music, foul language, suggestive or offensive images)
  - Underwear and socks
  - Shoes (dress, work, and sneakers)
  - Clothes that you will need to work outside in different climates
11. Towels, wash cloths and a pillow and extra blankets (sheet and comforter provided)
12. Medical and dental insurance information (if applicable)
13. Copy of marriage certificate (if married). This is required for visitation and off-campus Passes with spouse.
14. Court Orders (for adjudicated students).
15. Psychological and criminal profiles must be addressed prior to entry.

### **DO NOT BRING THE FOLLOWING ITEMS**

Food, CDs/Tapes of music (any kind), secular literature, CD/Tape player, radio, clock radio, tobacco products, cellular phones, pictures of adults of the opposite sex who are not immediate family members.

***If a Bible, classroom supplies, church clothing, towels or bedding are unavailable to you Teen Challenge may be able to provide them, please contact the intake coordinator.***